

# PPCC's 2026 Summer Challenge

Complete 80 of these boxes, return by July 31! *\*parent must initial on EACH box once completed*

Read 1 book	Take a picture at the beach	20 jumping jacks	Play outside 1 hour	Make a How-To video	Learn to whistle	Eat a NEW veggie	Eat a Starfruit	Play tag with friends	Make an instrument	Learn about a president
Help cook breakfast	Visit a friends house	Take pic with an amphibian	Visit a farm	Catch a lizard	Clean the windows	Draw a dragon	Build a fort	Go shell hunting	Create an obstacle course	Pick berries at a farm
20 push ups	Random act of kindness	Go swimming	Use a magnifying glass	Play a boardgame	Make fresh lemonade	Drink 8 glasses of water	Make a painting on canvas	Practice origami	Camp out in the house	Make up a dance
Go fishing	Ride your bike with a parent	Go to the library	Make chalk art	Climb a tree	Make cookies	20 sit ups	Sweep the floors	Jump on a trampoline	Plant a vegetable	Master the monkey bars
Write a pen pal	Make a fort	Stargaze	Go to a park	Use a squirt gun	Play a card game	Toss a frisbee	Paint a pet rock	Cut your toenails	Dance in the rain	Taste a new spice
Fold your laundry & put away	Write your own song	Stay at a hotel	Canoe or Kayak	Read 1 book	Find a BlueJay	Build a sandcastle	Try a new type of nut	Jump Rope 100 x's	Plant a fruit	Babysit (or help)
Play catch	Bake a pastry	Learn to do a handstand	Go hiking	Have a dance party	Have a date with 1 parent	Dance in the rain	Try to peel an apple in 1 peel	Learn the alphabet in sign language	20 squats	Act out a movie scene
50 push ups	Make the family dinner	Run 1 mile	Make a bird feeder	recycle an item into something new	Make your bed	Make up a story	Help clean the car	Pick weeds	Read 1 book	Watch a plane land
Draw a picture for your Chiro	Clear the table	Learn 3 words in a new language	Run/walk 2 miles	Make a salad	Make a smoothie	Volunteer	Have a date with 1 parent	Bird watch	Make a photo book	20 lunges
Master a cartwheel	Read 1 book	Race!	Make a fruit salad	Facepaint	Read 1 book	Use fresh aloe	Scavenger Hunt	Hide a love note for mom	Try yoga	Read 1 book